



Republic of the Philippines
Department of Education
MIMAROPA REGION
SCHOOLS DIVISION OF MARINDUQUE



Office of the Schools Division Superintendent

February 3, 2025

DIVISION MEMORANDUM

No. 021, s. 2025

**TRAINING ON MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES:
MENTAL HEALTH PROGRAM FOR LEARNERS**

TO: Asst. Schools Division Superintendent
Chief Education Supervisors
Public Schools District Supervisors
Public Secondary School Heads
All Others Concerned

1. Pursuant to Article V Section 24 of the RA No. 11036 or the Mental Health Act of 2017 which states that Educational Institutions, such as schools, colleges, universities, and technical schools, shall develop policies and programs for students, educators, and other employees designed to: raise awareness on mental health issues, identified and provide support and services for individuals at risk, and facility access, including referral mechanisms of individual with mental health conditions to treatment and psychosocial support, this Division shall conduct a **Training on Mental Health and Psychosocial Support Services: Mental Health Program for Learners** on March 19-21, 2025 at SDO Marinduque Conference Hall, Malusak, Boac, Marinduque.

2. The said activity aims to attain the following:

- provide the participants on the basic concepts on mental health;
- capacitate the participants on the basic knowledge and skills on psychological support services; and
- build self-confidence of the participants as one of the frontliners for mental-health concerns.

3. The said activity shall be participated by one (1) Guidance Designate per school from the 46 Public Secondary Schools in the Schools Division of Marinduque.

4. Identified participants are advised to pre-register through the link <https://tinyurl.com/MHPSSprereg> on or before **March 10, 2025**.

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5. School Heads and participating teachers are reminded of the **no-disruption of classes policy** as stipulated in DepEd Order No. 9, s. 2005 titled *"Instituting Measures to Increase Time-on-Task and Ensuring Compliance Therewith."* hence schools shall submit an Action Plan for the no disruption of classes.

5. Enclosed are the List of the Members of the Program Management Team and Training Matrix.

6. Immediate dissemination of the contents of this Memorandum is desired.



LYNN G. MENDOZA, EdD
OIC, Schools Division Superintendent

Encls: as stated
Reference: RA11036

To be indicated in the Division Perpetual Index
under the following subjects:

HEALTH EDUCATION
LEARNERS
PROGRAMS
TRAINING PROGRAMS

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MENTAL HEALTH PROGRAM FOR LEARNERS**

SDO Marinduque Conference Hall
Malusak, Boac, Marinduque
March 19-21, 2025

PROGRAM MANAGEMENT TEAM

Overall Project Supervisor	Ma. Cecilia S. Manay
Assistant Project Supervisor	Maita M. Lazares
Project Manager/Program Owner	Glaiza T. Palatino Josefina P. Brual
Members of the Implementation Team	Glaiza T. Palatino Josefina P. Brual Jelly L. Sore Maita M. Lazares Nestor T. Rualo, EdD Elvin C. Perlas, PhD Edgar H. Loto Ma. Concordia M. Ebor Perry N. Jardiniano
Member of the Process Observation and Monitoring Team	Kyle David V. Atienza
Members of the Activity Evaluation Team	Fretzie P. Alcantara Rey R. Raymundo
Members of the Activity Health Team	Dr. Rica Mai O. Larga Ma. Concordia M. Ebor Perry N. Jardiniano

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SDO Marinduque Conference Hall
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TRAINING MATRIX

Day 1- March 19, 2025		
Time	Sessions	Speaker/Person Responsible
7:30-8:30 am	Arrival and Registration	
8:30 – 9:00 am	<p align="center">Opening Program</p> <ul style="list-style-type: none"> • Nationalistic Song • Ecumenical Prayer • SDO Marinduque Hymn • DepEd Quality Policy Statement • Acknowledgement of Participants • Welcome Remarks • Message • Statement of Purpose and Session Protocols/Rules 	<p align="center">AVP</p> <p align="center">GLAIZA T. PALATINO Project Development Officer I</p> <p align="center">MA. CECILIA S. MANAY Chief Education Supervisor, SGOD</p> <p align="center">LYNN G. MENDOZA, EdD OIC, Schools Division Superintendent</p> <p align="center">JOSEFINA P. BRUAL Project Development Officer I</p>
9:30 am-10:15 am	Levelling of Expectations/Pretest	CHRISTIAN RANCHE, RPM, LPT, RGC
10:15 am-10:30 am	Health Break	
10:15 am-12:00 nn	Mental Health Cases Among Learners in The Schools Division of Marinduque	RICA MAI O. LARGA, MD Medical Officer III
12:00 nn-1:00 pm	Lunch	
1:00-2:00 PM	Current Challenges Affecting Learner’s Mental Health	CHRISTIAN RANCHE, RPM, LPT, RGC
2:00 pm-2:15 am	Health Break	
2:15-3:15 PM	Current Challenges Affecting Learner’s Mental Health (cont.)	CHRISTIAN RANCHE, RPM, LPT, RGC
3:15-3:30	Day 1 Evaluation	

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Training DAY 2- March 20, 2025		
Time	Sessions	Speaker/Person Responsible
8:00 – 8:30 am	Management of Learning <ul style="list-style-type: none"> • Nationalistic Song • Ecumenical Prayer • SDO Marinduque Hymn • DepEd Quality Policy Statement • Recapitulation • Energizer 	Program Management Team
8:30- 10:00 am	The Role of Mental Health and Psychosocial Support Services (MHPSS) in Education <i>Processing of the Topic</i>	CHRISTIAN RANCHE, RPM, LPT, RGC
10:00 am-10:15 am	Health Break	
10:15-12:00 nn	Becoming a Psychological First Aid (PFA) Provider <i>Processing of the Topic</i>	CHRISTIAN RANCHE, RPM, LPT, RGC
12:00 nn-1:00 pm	Lunch	
1:00 pm-2:30 pm	Identifying and Managing At-Risk Learners <i>Processing of the Topic</i>	CHRISTIAN RANCHE, RPM, LPT, RGC
2:30 nn-2:45 pm	Health Break	
2:45 pm-4:00 pm	Developing Psychosocial First Aid Skills (with Simulation Activities)	CHRISTIAN RANCHE, RPM, LPT, RGC
4:00 pm-4:15 pm	Day 2 Evaluation	

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Training DAY 3- March 21, 2025		
Time	Sessions	Speaker/Person Responsible
8:00 – 8:30 am	Management of Learning <ul style="list-style-type: none"> • Nationalistic Song • Ecumenical Prayer • SDO Marinduque Hymn • DepEd Quality Policy Statement • Recapitulation • Energizer 	Program Management Team
8:30- 10:00 am	Developing Psychosocial First Aid Skills (with Simulation Activities)	CHRISTIAN RANCHE, RPM, LPT, RGC
10:00 am-10:15 am	Health Break	
10:15-12:00 nn	Psychosocial Interventions: Types and Implementation (with Simulation Activities)	CHRISTIAN RANCHE, RPM, LPT, RGC
12:00 nn-1:00 pm	Lunch	
1:00 pm-2:00 pm	Sustaining a Mental Health and Well-Being Culture in Schools	CHRISTIAN RANCHE, RPM, LPT, RGC
2:30-2:45 pm	Health Break	
2:45 pm-3:30 pm	Post-Training Evaluation and Commitment to Action	PMT
3:30 pm onwards	Closing Program <ul style="list-style-type: none"> • Impression • Awarding of Certificates to Participants • Closing Remarks • Photo Opportunity 	Program Management Team

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